## COVID-19



## ARRIVAL AT THE LYNTON CLINIC

Before arrival you will have been emailed a covid symptom checker which you must fill in before your appointment.

On arrival please can you arrive on time for your appointment and wait in your car or wait outside (but not near the front door) your therapist will call your phone or come out to you when they are ready for you. If you arrive early reception is not open to wait unfortunately.





ARRIVE UNACCOMPANIED

Please attend appointments unaccompanied. If you need a chaperon please speak to us first.



**AVOID CLOSE CONTACT** 

Maintain a 1m distance\* in the clinic, where possible.



WASH HANDS OFTEN

You will be asked to sanitise hands on arrival and then wash them in the treatment room.



**WEAR A MASK** 

Clients will be asked to wear a face covering or mask.



## STOP SPREADING

The treatment rooms and toilets are cleaned with an anti-viral disinfectant in-between each treatment.

Please do not bring personal possessions to the clinic and limit the wearing of jewellery.